



Angkor Hospital for Children Physiotherapy Monthly Report 31st of October 2007

Angkor Hospital for Children is one of the best hospitals that provide free health services to the children.

The physiotherapy project in Angkor Hospital for Children has been started since 1st of August 2007 until now. This is the third month for me in AHC.

Since the beginning of October I have been working together with Bärbel. She showed me a lot about Breathing Therapy Technique. She is very skilled in Breathing Therapy. In the first week we also worked with Kathrin. And she left AHC on 6th of October.

On the 15th of October came the PDA surgeon-team from USA. They stayed in AHC for one week but, this group did not bring its own Physiotherapist.

During this month, many children came to the AHC to get the health services and, Physiotherapy was also providing to them.

Monthly Activities:

Usually we treat on an average about 12 patients per day, depending on the diseases and the doctors's order.

- We treated the patients in all wards in AHC if needed. Most common diseases seen are respiratory /cardiopulmonary diseases like Severe Pneumonia, Asthma, and Bronco-pneumonia. We also treated the patients from OPD. We advised and showed the mothers how to do exercises at home with their children.

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- I did a Power point Presentation in Journal Club on 2nd of October about Positioning and Respiratory problems supported by Kathrin. I talked about the advantages of changing the position of the baby and infant with respiratory problems to the nurses. Our presentation caused a vivid discussion about this topic. We will present the next lesson about Breathing Therapy on 20th of November 2007.
- I joined the Home Care visit with the nurse. I saw the patient his name Sammang 1.2year old boy with Cerebral Palsy, mental problem, Visual problem, hyper- tone on the extremities and hypo-tone on the trunk. He cans only lying on the back, he can not move from side to side. So we showed and advise some exercises to mother: Carrying, positioning and stimulate child to move. We also treated the patients from Home Care Project.

The result of Treatments:

Not so different from last month,

- The majority of the cases are babies and small children; we do the breathing therapy on the lap if it is possible and, breathing-exercises with the bigger children. We also try to advise the parents about the treatment of their children.
- In total we treated 95 patients this month (the patients in ICU, IPD, SU, LAU), 3 patients from OPD and, 1 patients in Home Care.
- 95 patients were the following diagnosis:

<u>Diagnosis</u>	<u>Amounts</u>	<u>Total Sessions</u>
Severe Pneumonia	50 patients	236 sessions
Pneumonia, Immune Compromise	3 patients	
Pneumonia, Tracheomalasia	2 patients	
Bronchopneumonia	6 patients	
Asthma-Pneumonia	5 patients	
Bronchitis	2 patients	
Asthma	3 patients	
Tetanus	3 patients	
Sepsis	2 patients	
Meningitis	2 patients	
PDA post-op	6 patients	
Pneumonia, VSD, PDA, ASD	4 patients	
Pleural Effusion	1 patient	
Fracture	2 patients	
Neonatal Infection	1 patient	
B1 Deficiency	2 patient	
Encephalitis	1 patient	

- Some patients need to stay a long time in hospital, so we treat them day by day, one time a day, two times a day, three times a day.

Again I would like to say many thanks to Angkors Kinder e.v and, Maria Kormann for continue donate a Cambodian Physiotherapist. I wish all of you get success all things that you want.

Best regards,

Rany Khut

Physiotherapist in AHC